



For Parents of Children aged 5-11:



1. Keep the computer in a public place with the screen facing outward.
2. Establish family rules and guidelines to include:
 - a. setting limits on how much time they spend online.
 - b. giving no personal information.
 - c. disclosing no school information.
 - d. reviewing pictures posted.
3. Reinforce the dangers of sharing personal or school information online.
4. Prohibit any meeting in person with someone he/she knows only online, unless you are present.
5. Inform your children that you will monitor Internet use, messaging and social networking in order to keep them safe. Parents should have passwords for their children's social media accounts and passcodes to their children's devices to have full access at any given moment.
6. Discuss the importance of telling an adult immediately if someone, or something, upsets them online.
7. Use bookmarks or favourites lists to access websites and screen names or nicknames where possible.

Did You Know?

57% of children age 5-7 have their own tablet

66% of children age 7-11 have their own tablet

78% of children age 7-11 play online games

33% of children age 5-7 use social media messaging apps

64% of children age 7-11 use social media messaging apps

Whatsapp – Age 16+
Tik Tok – Age 13+
Snapchat – Age 13+
Instagram – Age 13+

96% of children age 5-11 use a video sharing platform

ARE YOU SAFE ONLINE?

PAUSE & THINK ONLINE



Before you...



THINK!

T = Is it True?
H = Is it Helpful?
I = Is it Inspiring?
N = Is it Necessary?
K = Is it Kind?

Be smart on the internet



E-safety Awareness for Parents

Useful links for Parents

- www.childnet.com/parents-and-carers/need-help
- www.childnet.com/have-a-conversation
- www.saferinternet.org.uk/parent-tech
- www.saferinternet.org.uk/parental-controls
- www.ceop.police.uk
- <https://www.saferinternetday.org/>

“MAKE THE RIGHT CHOICE”
CHOICE